



# EAPM 2018

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INNOVATIVE AND INTEGRATED APPROACHES  
TO PROMOTE MENTAL AND PHYSICAL HEALTH  
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## Physical and mental health in chronic illness

### Professor Sir Graham Thornicroft

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### Presenter

Sir Graham Thornicroft is Professor of Community Psychiatry at the Institute of Psychiatry, King's College London. He is a Consultant Psychiatrist working in an Early Intervention community mental health team in South London. His areas of expertise include: mental health needs assessment, the development of new outcome scales, cost-effectiveness evaluation of mental health treatments, stigma and discrimination, the development of community-based mental health services, and global mental health. He has published 30 books and over 500 peer-reviewed scientific papers.

### Summary of presentation

This talk will address:

- The co-occurrence of mental and physical ill health
- The concept of syndemics
- Evidence of premature mortality among people with mental illness
- Evidence of neglect of physical health problems among people with mental illness
- The contributions of stigma towards these problems
- Actions that are needed at the clinical level to address such disparities
- The evidence that integrated care can provide a better approach to the care of people with co/multi-morbid conditions

### References

- Liu, N. H., et al (2017). Excess mortality in persons with severe mental disorders: a multilevel intervention framework and priorities for clinical practice, policy and research agendas. *World Psychiatry* 16, 30-40.
- Thornicroft G, Mehta N, Clement S, Evans-Lacko S, Doherty M, Rose D, et al. Evidence for effective interventions to reduce mental-health-related stigma and discrimination. *Lancet*. 2016;387: :1123–32.

#### CONGRESS PRESIDENT EAPM 2018

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