



# EAPM 2018

6<sup>TH</sup> ANNUAL SCIENTIFIC CONFERENCE OF THE  
EUROPEAN ASSOCIATION OF PSYCHOSOMATIC MEDICINE · EAPM ·  
**INNOVATIVE AND INTEGRATED APPROACHES  
TO PROMOTE MENTAL AND PHYSICAL HEALTH**  
Verona (Italy), 27-30 June 2018

## Physical and mental health in chronic illness

### Professor Sir Graham Thornicroft

*Centre for Global Mental Health, Institute of Psychiatry, Psychology and Neuroscience  
King's College London, De Crespigny Park, London SE5 8AF  
[graham.thornicroft@kcl.ac.uk](mailto:graham.thornicroft@kcl.ac.uk) [www.iop.kcl.ac.uk](http://www.iop.kcl.ac.uk)*

### Presenter

Sir Graham Thornicroft is Professor of Community Psychiatry at the Institute of Psychiatry, King's College London. He is a Consultant Psychiatrist working in an Early Intervention community mental health team in South London. His areas of expertise include: mental health needs assessment, the development of new outcome scales, cost-effectiveness evaluation of mental health treatments, stigma and discrimination, the development of community-based mental health services, and global mental health. He has published 30 books and over 500 peer-reviewed scientific papers.

### Summary of presentation

This masterclass will address:

- The co-occurrence of mental and physical ill health
- The concept of syndemics
- Evidence of premature mortality among people with mental illness
- Evidence of neglect of physical health problems among people with mental illness
- The contributions of stigma towards these problems
- Actions that are needed at the clinical level to address such disparities
- The evidence that integrated care can provide a better approach to the care of people with co/multi-morbid conditions

### References

- Liu, N. H., et al (2017). Excess mortality in persons with severe mental disorders: a multilevel intervention framework and priorities for clinical practice, policy and research agendas. *World Psychiatry* 16, 30-40.
- Thornicroft G, Mehta N, Clement S, Evans-Lacko S, Doherty M, Rose D, et al. Evidence for effective interventions to reduce mental-health-related stigma and discrimination. *Lancet*. 2016;387: :1123–32.

#### CONGRESS PRESIDENT EAPM 2018

Mirella Ruggeri  
Section of Psychiatry, University of Verona  
and Verona Hospital Trust

#### ORGANIZING SECRETARIAT

COGEST M. & C. srl  
Vicolo San Silvestro 6, 37122 Verona (Italy)  
Ph: +39 045 597940 · Fax: +39 045 597265  
Email: [cogest@cogest.info](mailto:cogest@cogest.info) · [www.cogest.info](http://www.cogest.info)