

Clare Pain MD, MSc., FRCPC., D.Sc (Hons) AAU

Clare Pain MD, MSc., FRCPC., D.Sc (Hons) AAU, is an Associate Professor, Department of Psychiatry, University of Toronto; Director of the Psychological Trauma Program, Mount Sinai Hospital, Toronto. In July 2014 she was awarded an honorary doctorate from Addis Ababa University (AAU) for her work to assist the development of psychiatry in Ethiopia.

She consults at the Canadian Center for Victims of Torture, and the New Beginning Clinic for refugee mental health in Toronto. She is the Director of the Toronto Addis Ababa Psychiatry Project (TAAPP) and co-lead of the Toronto Addis Ababa Academic Collaboration (TAAAC), under which there are 22 educational partnerships between the University of Toronto and Addis Ababa University working to strengthen educational capacity and sustainability in post graduate training at AAU.

Her clinical focus is on the assessment and treatment of patients, including refugees, who continue to suffer from the effects of psychological trauma. She has lectured and taught on various aspects of psychological trauma including trans-cultural issues and increasingly on global mental health. She has published a number of articles and three books: "Trauma and the Body: a Sensorimotor Approach to Psychotherapy" with Pat Ogden and Kekuni Minton Norton 2006 and "The Impact of Early Life Trauma on Health and Disease: The Hidden Epidemic" an edited book with Eric Vermetten and Ruth Lanius, Cambridge University Press 2010. And "Psychotherapy Essentials To Go: Achieving Psychotherapy Effectiveness." Leszcz, M., Pain, C., Hunter, J., Maunder, R., & Ravitz, P. (2015). New York, NY: W. W. Norton & Company Inc.