

## **Giovanni Andrea Fava**

Giovanni Andrea Fava got his medical degree from the University of Padova in 1977, with electives at McMaster University, Rochester, NY (Engel) and Dartmouth (Lipowski). In Padova he also completed his residency training in psychiatry in 1981. After working for several years in the US (Albuquerque and Buffalo, N.Y.), he came back to Italy in 1988, where he established an Affective Disorders Program in the Department of Psychology of the University of Bologna.

He is currently Professor of Clinical Psychology at the University of Bologna and Clinical Professor of Psychiatry at the State University of New York at Buffalo. He has authored more than 500 scientific papers and performed groundbreaking research in several fields. He has introduced a novel psychotherapeutic approach for increasing psychological well-being (Well-Being Therapy, [www.well-being-therapy.com](http://www.well-being-therapy.com), which he has recently manualized) the sequential model for combining pharmacotherapy and psychotherapy, the concept of staging in psychiatry, a new method of classification of psychosomatic distress (the Diagnostic Criteria for Psychosomatic Research), the concept of oppositional tolerance with antidepressant treatment and the clinimetric approach to psychiatric evaluation. Since 1992, he is editor-in-chief of *Psychotherapy and Psychosomatics*, a journal published by Karger that, with its current impact factor of 8.96, ranks fourth among the SCI psychology journals (but it is the first of those publishing original research), and seventh in the psychiatry ranking. His current h index is in the fifties, with more than 10,000 citations.