

Arthur J. Barsky, M.D.

Doctor Barsky is a Professor of Psychiatry at Harvard Medical School and the Vice Chair for Academic Affairs in the Department of Psychiatry at the Brigham and Women's Hospital in Boston, Massachusetts. He graduated from Williams College and the Columbia University College of Physicians and Surgeons. He completed a residency in psychiatry at the Massachusetts General Hospital in Boston, where he remained on the full-time faculty until 1993 when he moved to the Brigham and Women's Hospital. His major interests are hypochondriasis and somatization, the psychological factors that affect symptom reporting in the medically ill, and the cognitive and behavioral treatment of chronic somatic symptoms. Doctor Barsky has been the principal investigator of nine NIMH and NIH R01 research grants in these areas. He has authored more than 170 articles, 24 book chapters, and the popular books *Worried Sick: Our Troubled Quest for Wellness*, and *Feeling Better*. He is the Senior Editor of the *Textbook of Depression in Medical Illness*, published by McGraw-Hill. Dr. Barsky received the President's Research Award from the American Psychosomatic Society. He has been a Faculty Fellow of the Mind/Brain/Behavior Interfaculty Initiative of Harvard University, and chaired one of its interdisciplinary work groups on the experience of illness. Dr. Barsky was a member of the DSM IV and DSM 5 Somatic Symptom Disorder Work Groups, and has served on three consensus panels for the Institute of Medicine of the National Academy of Sciences. He has been a Visiting Professor at the Georgetown University School of Medicine, the University of Wisconsin Medical School, the University of Illinois College of Medicine, Dartmouth Medical School, and the Allegheny University of the Health Sciences. He has given invited lectures in Switzerland, Japan, Argentina, Canada, Spain, England, Germany, and Italy. He is a Distinguished Life Fellow of the American Psychiatric Association, has been a Fellow of the American College of Psychiatrists, and served on the Council of the American Psychosomatic Society.